

21st Annual **GRIN**FALL CLASSIC-2005

GRreater **IN**diana Masters Swimming & USMS Great Lakes Zone Championship (*SCM*)

October 22-23, 2005

Sanctioned by *GRIN* for USMS, Inc. Sanction Number: **165 S 07**

Meet Director: Dick Sidner, 1510 Persimmon Place, Noblesville, IN 46062.

Phone (317) 695-9885; Email: rsidner@iupui.edu

Facility: The IU Natatorium in Indianapolis, ranked by Sports Illustrated as the best collegiate pool in the nation and one of the fastest in the world, is an 8-lane 50-meter pool. The pool will be divided into two courses, with competition being in the north end (25m). The south end will be used for warm-up/cool-down. The diving pool will not be available.

Location: 901 W. New York St, Indianapolis, IN 46202. Parking is available in the adjacent garage.

Meet Conduct: 2005 USMS Rules will govern conduct of this meet.

Warm-up/cool down: Warm-up will be in the competition pool for 1-hour prior to meet. After the 1500m, there will be a 10-min. warm-up in the competition pool with sprinting in designated lanes. Warm-up/cool-down will be in the south-end for the remaining events.

Eligibility: All swimmers must be registered with USMS (proof is required). USMS/GRIN registration for 2005 will be offered on deck for \$15. Important Eligibility Rule: *RULE 102.2.2: For short course meters and long course meters competitions, the eligibility of a participant for a particular age group shall be determined as of Dec. 31st of the year of the competition.*

Age Groups: 18-24, 25-29, 30-34, 35-39, 40-44, etc. in 5 year increments.

Relay Age Groups: (Sum of ages) 72-99, 100-119, 120-159, 160-199, etc. in 40 year increments.

Seeding: All events will be timed finals with heats seeded by time, slowest to fastest. Genders will swim separately, except in the 1500, 800, and 400m Free, and 400m IM which may be mixed.

Please note: Entrants may choose the 1500m or 800m Free, but not both! Participants may swim 3 events on Saturday & 5 events on Sunday, for a total of 8 individual events for the entire meet.

Records: Swimmers attempting to set records during the meet should notify the Starter to assure that three official timers will be present.

Heats: Heat sheets will be posted around the deck. Swimmers who miss their heats may not swim in another heat unless successfully protested to Meet Director and Referee. Swimmers without seed times may be placed in the slowest (earlier) heats.

No Same-Day Deck Entries: No deck entries on Saturday for Saturday events. Deck entries will be accepted on Saturday only until 1 PM, only for Sunday events. No deck entries on Sunday.

Saturday Oct 22nd; pool opens at 11 a.m. Competition begins: Noon EST (same as CDT).

Sunday October 23rd; pool opens at 7 a.m. Competition begins at 8 a.m. EST (same as CDT).

Awards: Award ribbons will be given for 1st through 6th place. No awards for relays.

Relays: Swimmers must be entered in the meet to swim on relays and must be registered with the same USMS registered club. Relay cards may be obtained at the relay card pick-up table. Payment for relays must be submitted with the relay cards. \$4 per relay - cash or check. **NO REFUNDS.**

Entry Fee: \$25 if received by Oct. 14th plus \$3.00 per event (max. 8 events: 3 events on Saturday; 5 events on Sunday). Add \$10 if received after Oct 14th plus \$3 per event. One Entry Fee covers both days.

Make checks payable to GRIN and mail to: Dick Sidner, 1510 Persimmon Place, Noblesville, IN 46062.

Hotels: University Place Hotel (short walk to pool) (800) 627-2700. Hyatt Regency (317) 632-1234. Indy Marriott (317) 822-3500. Travelodge (317) 784-0047. Residence Inn (Marriott, on the Canal downtown) (317) 822-0840. Westin (317) 262-8100. Embassy Suites Hotel (317) 236-1800.



- Swim the 'World's Fastest' 25 meter sprint either day.
- To accommodate all schedules and budgets, you may swim Saturday and/or Sunday for only \$25 plus \$3 per event!

**ENTRY FORM: GRIN FALL CLASSIC 2005 and GLZ Championship (Sanc. 165 S 07)
Saturday Oct 22, 2005: Pool opens 11 a.m.; meet starts at Noon EST (CDT).**

Women	Men	Event (Short Course Meters)	Seed Time
1	2	1500m Free*	Min. ____ sec _____. *Swim 1500m or 800m, but not both.
----- 10 minute break for 'starts and turns' -----			
3	4	400m IM	Min. ____ sec _____.
5	6	25m Free – 'World's Fastest' **	Min. ____ sec _____. **Swim 25m either day but only once
7	8	800m Free*	Min. ____ sec _____. *Swim 1500m or 800m, but not both

Sunday Oct 23, 2005: Pool opens 7 a.m.; meet starts 8 a.m. EST (CDT)

Women	Men	Event (Short Course Meters)	Seed Time
9	10	200m Free Relay –	Deck enter only
11	--	200m Mixed Free Relay– deck enter only	Deck enter only
13	14	100m Backstroke	Min. ____ sec _____.
15	16	50m Breaststroke	Min. ____ sec _____.
17	18	200m Butterfly	Min. ____ sec _____.
19	20	50m Freestyle	Min. ____ sec _____.
21	22	200m Individual Medley	Min. ____ sec _____.
23	24	400m Medley Relay	Deck enter only
25	--	400m Mixed Medley Relay	Deck enter only
27	28	100m Individual Medley	Min. ____ sec _____.
29	30	200m Freestyle	Min. ____ sec _____.
31	32	100m Breaststroke	Min. ____ sec _____.
33	34	50m Butterfly	Min. ____ sec _____.
----- 15 minute Break -----			
35	36	50m Back	Min. ____ sec _____.
37	38	100m Free	Min. ____ sec _____.
39	40	200m Medley Relay-	Deck enter only
41	--	200m Mixed Medley Relay-	Deck enter only
43	44	200m Back	Min. ____ sec _____.
45	46	200m Breast	Min. ____ sec _____.
47	48	100m Fly	Min. ____ sec _____.
49	50	25m Free – 'World's Fastest' **	Min. ____ sec _____. **Swim 25m either day but only once
51	52	400m Free Relay	Deck enter only
53	--	400m Mixed Free Relay	Deck enter only
55	56	400 Free	Min. ____ sec _____.



For information about GRIN and for meet results visit:
www.GRINswim.org
For information about the IU Natatorium at IUPUI, visit:
http://iunat.iupui.edu



Total # events Sat. & Sun. = ____ x \$3 = \$ ____ Plus \$25 Entry Fee (rec'd by Oct 14, 2005).

LATE FEE: \$10 (if rec'd after Oct 14, 2005). TOTAL = \$ ____ (check payable to GRIN)

LName _____ FName _____ 2005-USMS # _____ (attach copy). Gender **M** or **F**
 Street _____ City _____ State ____ Zip _____ Birth date ____/____/____
 Phone (____) _____ TEAM NAME: _____ Age on Dec. 31, 2005 _____

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician, I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING; UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Date _____ Signature _____ Printed Name _____

Please Check -- Did you: Sign the waiver? Include check payable to GRIN? Include copy of USMS card?
 Copy Entry Form and mail to: **Dick Sidner, 1510 Persimmon Place, Noblesville, IN 46062, rsidner@iupui.edu**

Official Use Only. Rec'd date _____ Waiver _____ USMS Card _____ Check 1 # _____ Check 2 \$ _____