

**GREATER INDIANA MASTERS (GRIN)
2009 SHORT COURSE STATE CHAMPIONSHIP
Saturday, and Sunday March 28-29, 2009; Sanction# 169S-03
Hosted by Fisher's Fighting Tigers Swim Team**

- LOCATION:** Fisher's High School, 13100 Promise Road, Fishers, Indiana (located approximately 5 miles North of Indianapolis Indianapolis). Directions, hotel and dining information are at end of page two.
- FACILITY:** The Fisher's High School Aquatic Complex is an indoor 50 meter pool. The pool configuration for the GRIN State meet will be 2 Ten (10) lane 25 yard courses. The long distance events (1650-1000-500 Freestyle) will be conducted in both pools, with one pool used as warm up throughout the meet. Seating for 250 swimmers and 1000 spectators; Dakronics Electronic Timing System with 10-lane Dakronics State of-the-art Display Board; Hy-tek Meet Manager Software will be used for the meet.
- MEET CONDUCT:** Current USMS rules will govern the conduct of the meet.
- ELIGIBILITY:** All entrants must be registered with United States Masters Swimming, Inc. Each swimmer is eligible to swim a maximum of four individual events per day (total of 8 for both days), excluding relays. To compete, all swimmers must include a copy of their 2009 USMS registration card with this entry form.
- AGE GROUPS:** 18-24, 25-29, 30-34, 35-39, 40-44, etc.
- ENTRY FEES:** \$25.00 Two Day Meet Fee - \$15 One Day Meet Fee
DECK ENTRIES: \$35 Two Day Meet Fee - \$20 One Day Meet RELAYS: \$4.00.
- DEADLINE:** Mail in entries must received no later than March 23rd, % Cheryl Gettelfinger, 505 Lexington Blvd., Carmel, IN 46032. On line entries close March 25th. On line entries available at www.GRINswim.org
- SEEDING:** All heats will be seeded slowest to fastest. ALL entries for the **500, 1000 & 1650 Free** will be swum in both pools. All distance events 500, 1000, 1650 Free, and 400 IM MUST have entry times. All of these events will be positive check-in (you must tell us you will be in the event!) events. "No Time" entries will not be accepted for the long distance events. Scratches for the long distance events will be accepted up until 7:45am on the day of the event. Failure to scratch may jeopardize the swimmer from swimming in other events. The long distance events and 400 relays will be swum as mixed gender events, but scored by gender and age group..
- AWARDS:** Each participant will receive a participant award and a commemorative card suitable for posting times swum.
- RESULTS:** Will be posted free on GRIN website www.GRINswim.org and available for downloading.
- ORDER OF EVENTS:** *Women's events are ODD numbers; Men's events are EVEN numbers.*

<u>SATURDAY, March 28, 2009-Warmups - 7:00 AM</u>		<u>Meet Begins - 8:00 AM</u>
<u>Women</u>	<u>Events</u>	<u>Men</u>
1	1650 Free	2 (Mixed)
3	400 Medley Relay	4
5	200 Freestyle	6
7	200 Individual Medley	8
9	50 Butterfly	10
11	100 Backstroke	12
13	50 Breaststroke	14
15	100 Butterfly	16
17	200 Backstroke	18
19	200 Mixed Free Relay	20
21	400 Individual Medley	22 (Mixed)
<u>SUNDAY, March 29, 2009 - Warm-ups - 7:00 AM</u>		<u>Meet Begins -8:00 AM</u>
23	1000 Freestyle	24 (Mixed)
25	200 Freestyle Relay	26
27	100 Breaststroke	28
29	50 Free	30
31	200 Butterfly	32
33	50 Backstroke	34
35	200 Breaststroke	36
37	100 Freestyle	38
39	100 Individual Medley	40
41	400 Free Relay	42 (Mixed)
43	500 Freestyle	44 (Mixed)



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ENTRY FORM

NAME _____ SEX _____ AGE _____ BIRTHDATE _____
 STREET ADDRESS _____ CITY _____ ZIP _____
 PHONE _____ TEAM _____ USMS# _____

EVENT No.	EVENT NAME	SEED TIME
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____

Fees:
Two Day Entry Fee = \$25
One Day Entry Fee = \$15
Maximum Events Per Day 4
Make checks payable to:
Greater Indiana Masters

Mail to: Cheryl Gettelfinger,
505 Lexington Blvd.
Carmel, IN 46032

RELEASE FROM LIABILITY: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____ Date _____

RELAYS: A team coach or representative should fill out this part of the entry and return with payment. There will be NO REFUNDS for relays. Please enclose payment with your entry form! List the number of relay teams by Age Group (not swimmers names) and by "A, B or C" if there are multiple relays per age group. Age groups are 18+, 25+, 35+, 45+, etc., (10 year increments as high as necessary). The age of the youngest relay team member shall determine the age group.

<u>Event #</u>	<u>Age Group</u>	<u>Seed Time</u>
<i>Eg: Evnt 5: Wom. 200 Med Relay</i>	<i>Age 45+ "A" and "B"</i>	<i>4:35 and 5:05</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Continue on back if necessary

Directions to Fishers High School:
 From the North: Go South on highway #37 to 131street, turn left, Fishers High School will be approximately 1 mile on your right. Go to the second entrance and turn right, the entrance to the Fishers High School Natatorium is the first entrance. Park in the parking lot across the street.
 From the South: Go North on highway #37 to 131street, turn right, Fishers High School will be approximately 1 mile on your right. Go to the second entrance and turn right, the entrance to the Fishers High School Natatorium is the first entrance. Park in the parking lot across the street.

Hotels : Go to this website for hotels in Hamilton County www.hamiltoncountytowns.com , we suggest checking out the Hotels in the Fishers area first, Hilton Garden, Holiday Inn Express on 97th Street, Staybridge and Springhill Suites on I-69, and Hampton Inn on 116th Street.

GRIN 2008 SHORT COURSE CHAMPIONSHIP
Friday and Saturday, March 28-29, 2009; Sanction#169S-03
Hosted by Fishers Fighting Tigers Swim Team

DECK ENTRY FORM

NAME _____ SEX _____ AGE _____ BIRTHDATE _____
 STREET ADDRESS _____ CITY _____ ZIP _____
 PHONE _____ TEAM _____ USMS# _____

EVENT No.	EVENT NAME	SEED TIME
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
	_____	_____
	_____	_____

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Signature _____ Date _____

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