

**COLE CENTER FAMILY YMCA**  
**23<sup>nd</sup> ANNUAL MASTERS SPRING FEVER INVITATIONAL**  
**SATURDAY, APRIL 4, 2009**

THIS MEET WILL BE HELD IN COMPLIANCE WITH THE TECHNICAL RULES OF USMS  
RECOGNIZED # 169 R 04

**LOCATION :** Cole Center Family YMCA  
700 S. Garden St., Kendallville, In. 46755 (260-347-9622)  
For meet information call Meet Director, Cindy Miller at 260-302-6875

**FACILITY :** 6 Lane-25 Yard Pool, **Daktronics Timing System** with six lane, place,& time display, Starting Blocks, & Anti-Wave Lane Ropes. (Lane 6 may be left open during the meet for warm-up and cool-down).

**TIME :** Warm-up at noon. **Meet starts at 1:00 p.m.**

**ELIGIBILITY :** Anyone!, regardless of USMS or YMCA membership. Must be 18 years of age and in good physical condition.

**ENTRY FEE:** \$20.00 PER PERSON (Entry form & fee Must be postmarked by March 30, 2009).  
**Deck entry fee is \$25 per person. Deck entries will be accepted from noon – 12:30pm.** Enter as many events as you like.

Mail entries and entry fee to: **Cindy Miller (make checks payable to Cindy Miller)**  
**1104 Woodcrest Lane**  
**Kendallville, IN. 46755**  
**cindyswimymca@yahoo.com**

**AWARDS :** Ribbons will be awarded to the 1<sup>st</sup> through 3<sup>rd</sup> places for gender and age group.

**INDIVIDUAL EVENTS :** **Age Groups:** 18-24, 25-29, 30-34, 35-39, 40-44, etc.

**RELAYS :** 18+ 25+ 35+ 45+ 55+ 65+ 75+  
According to youngest swimmer on relay team. All names and ages must be on event entry cards for relays. Relays may be deck entered throughout the meet.

**SEEDING :** Swimmers may be seeded on basis of submitted times regardless of age and gender. Entrants submitting "no time" will be placed in the slowest heat. Heats will be swum from slowest to fastest.

**FREE DINNER WILL BE SERVED AFTER THE SWIM MEET**  
**THIS MEET WILL BE SHOWN ON VIDEO DURING THE DINNER**

**ORDER OF EVENTS**

- |                          |                      |                               |
|--------------------------|----------------------|-------------------------------|
| 1. 200 MEDLEY RELAY      | 8. 200 IM            | 15. 100 BACKSTROKE            |
| 2. 400 INDIVIDUAL MEDLEY | 9. 100 BUTTERFLY     | 16. 50 FREESTYLE              |
| 3. 100 FREESTYLE         | 10. 200 FREESTYLE    | 17. 50 BREASTSTROKE           |
| 4. 200 BACKSTROKE        | 11. 50 BACKSTROKE    | 18. 200 FREESTYLE RELAY       |
| 5. 200 BREASTSTROKE      | 12. 100 BREASTSTROKE | 19. SURPRISE RELAY            |
| 6. 50 BUTTERFLY          | 13. 200 BUTTERFLY    |                               |
| 7. 500 FREESTYLE         | 14. 100 IM           | <b>OTHER BREAKS AS NEEDED</b> |
| 10-MINUTE BREAK          |                      |                               |

**SPRING FEVER INVITATIONAL**

NAME: \_\_\_\_\_ DATE : \_\_\_\_\_

AGE (on day of meet) \_\_\_\_\_ SEX \_\_\_\_\_ USMS REG. # \_\_\_\_\_  
(PLEASE SEND COPY OF YOUR USMS CARD WITH YOUR ENTRY)

CLUB \_\_\_\_\_ Y MEMBER ? Yes \_\_\_\_\_ No \_\_\_\_\_

ADDRESS

\_\_\_\_\_  
City State Zip

PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

**EVENT NUMBER**

**EVENT**

**SEED TIME**

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**RELEASE FROM LIABILITY**

I, the undersigned, participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of these risks. AS A CONDITION OF MY PARTICIPATION IN THE COLE CENTER FAMILY YMCA MASTERS SPRING FEVER INVITATIONAL SWIM MEET OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE AND RELEASE ANY AND ALL RIGHTS TO CLAIM FOR LOSS OR DAMAGES, INCLUDING THOSE CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: COLE CENTER FAMILY YMCA, THE COLE CENTER YMCA MASTERS SWIMMING CLUB AND IT'S MEMBERS, ALL MEET WORKERS, ASSOCIATED RULE-MAKING ORGANIZATIONS, ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES, AND THE RESPECTIVE AGENTS AND EMPLOYEES OF EACH OF THE FOREGOING. I also agree to abide by and be governed by all applicable rules and decisions of meet officials.

\_\_\_\_\_  
(print name)

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)