

# Do a 500 FLY AND BECOME A BUTTERNUT!

Team NASTI would like to extend “membership” to anyone “brave” enough (i.e., nutty enough) to try this! Please fill out the form below and send it to the address indicated. ButterNut Club Members will receive a color certificate and custom full-color T-shirt to wear with pride!

## BUTTERNUT RULES:

1. Continuous Butterfly Swim; 500-Yard Minimum
2. Swim duration must be USA/USMS legal  
(all regulation butterfly; no one-armed strokes or turns, fins, etc.)
3. A witness who'll vouch for your success!



PLEASE PRINT:

Name: \_\_\_\_\_

Club Team: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Distance Butterfly Completed (minimum 500 required) : \_\_\_\_\_ Course Type: \_\_\_SCY \_\_\_SCM \_\_\_LCM

Time (optional): \_\_\_\_\_ Date Completed: \_\_\_\_\_ Age on date completed: \_\_\_\_\_

Witnessed by: \_\_\_\_\_ Witness Signature: \_\_\_\_\_

Applicant Signature: \_\_\_\_\_

T-shirt size: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL

Please mail with \$25 check (payable to Noblesville Adult Swim Team) to cover entry, certificate, T-shirt, postage & handling to: P.O. Box 10, Noblesville, IN 46061. Proceeds benefit Noblesville Adult Swim Team and Friends of Central Pool. Questions? E-mail Doug Church: dchurch@cchalaw.com